The Growth Guru

Her Growing Hands Healthy Hair & Scalp Therapy

At Her Growing Hands, every appointment is more than a style — it's a journey toward the healthiest version of your natural hair. Each service is designed by Founder & CEO Whitney Eaddy, "The Growth Guru," to restore balance, encourage retention, and unlock your full growth potential.

New Client Services

New Client Healthy Hair Therapy Session

\$575 | Duration: 3 Hours

The foundation of your growth journey. Includes scalp health analysis, detox, deep conditioning steam hydration, gentle detangling, blowout, HGH precision trim, and your choice of a Healthy Silk Press or Healthy Textured Style.

Elevated New Client Growth Journey + Juice Box

\$725 | Duration: 3 Hours

Everything in the New Client Healthy Hair Therapy Session plus a Juice Box (9 full-size products) to begin your at-home regimen and growth blueprint.

Elite New Client Growth Journey Package

\$1,200 | Duration: 3 Hours (per session)

Includes an Elite Healthy Hair Therapy Session plus 2 Juice Boxes (18 full-size products) and a six-week return session to track progress and update your regimen.

Silk Press

HGH Signature Silk Press Package (Returning Clients)

\$525 | Duration: 3 Hours

A signature silk press experience designed for returning clients. Restores shine, hydration, and retention with full scalp analysis, detox, steam hydration, precision trim, and choice of Healthy Silk Press or Textured Style.

Healthy Textured Hair Services

Healthy Textured Hair Therapy

\$595 | Duration: 3 Hours

A full-service Healthy Hair Therapy session designed exclusively for textured hair. Focuses on restoring hydration, enhancing definition, and maintaining the health of curls and coils.

Ultimate Healthy Textured Hair Care Experience

\$475 | Duration: 3 Hours

Designed to nourish, define, and celebrate your natural curl pattern with expert treatments and your choice of Wash N'

Go, Two-Strand Twists, Coils, or UnderCare styling.

Healthy Two-Strand Twists

\$475 | Duration: 3 Hours

Protective, polished two-strand twists that minimize breakage, maximize hydration, and support length retention —

crafted with precision for health and longevity.

UnderCare

Healthy UnderCare Wig Protection Session

\$475 | Duration: 3 Hours

The ultimate way to care for your crown and edges while protecting your hair beneath wig styles. Includes scalp detox, hydration treatments, gentle detangling, steam therapy, scalp massage, and a hydrated flat-twist protective style under

your wig.

Virtual Appointments

Virtual Healthy Hair Therapy Session

\$250 | Duration: 1 Hour

A private, one-on-one virtual session with Whitney, The Growth Guru. Includes a scalp and hair health consultation,

lifestyle review, and a fully customized regimen to set you on the path to healthier, stronger hair from anywhere.

Elevated Virtual Growth Journey

\$450 | Duration: 1.5 Hours

Includes the full Virtual Healthy Hair Therapy Session plus one Juice Box (9 full-size products) shipped to your door,

giving you both expert guidance and essential products to start your journey.

Elite Virtual Growth Journey

\$725 | Duration: 2 Hours

The ultimate virtual growth experience. Includes the full Healthy Hair Therapy Session, two Juice Boxes (18 full-size

products), and a six-week follow-up call for progress check-ins and regimen adjustments.

Every service is a Growth Journey — combining professional expertise with intentional care so you leave not only

styled, but healthier, stronger, and on the path to lasting results.